

Most Rev. Anil J.T. Couto  
Archbishop of Delhi



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- People will participate in the liturgical services from their homes. The Parish Priest will make appropriate arrangements in this regard for the **online transmission** and inform the faithful accordingly.

**PLEASE NOTE: Participation in a liturgical service from home should be when the service is "live". There is no participation when we watch a "recording."**

- Those who, for any genuine reason are not able to participate in the live streaming of the liturgical services, are requested to join in spirit and spend time in prayer and meditation on the Passion, Death and Resurrection of our Lord from the Holy Bible.
- Since we are impeded from availing of the Sacrament of Reconciliation (Confession), our Holy Father Pope Francis has advised us that we make a firm '**Act of Contrition,**' begging pardon from God for all our sins, and God, who knows our hearts, will grant us the assurance of His pardon won for us by Christ Our Lord in his Passion, Death and Resurrection. We will make our Sacramental Confession at the very first opportunity after the situation improves.
- Similarly, since we are not able to receive the Holy Communion, we will make an '**Act of Spiritual Communion,**' asking the Lord to come into our hearts and dwell in us always.

At the Sacred Heart Cathedral following is the arrangement for the live streaming of the services. The links are:

- ✓ <https://www.facebook.com/archbishopanilcouto/>
- ✓ Archbishop Anil Couto [www.youtube.com](http://www.youtube.com)

<https://www.youtube.com/channel/UCUG46S98x8xFK5jbJOyNAqg>

**[Please subscribe to this YouTube channel for the live telecast]**

**Palm Sunday:**

9.00 am English  
11.00 am Hindi  
6.00 pm English

**Maundy Thursday:**

6.00 pm Hindi + English

**Good Friday Way of the Cross:**

9.00 am Hindi  
12.00 pm English

**Good Friday Service:**

3.30pm Hindi  
6.00pm English

**Easter Vigil:**

11.00pm Hindi + English

**Easter Sunday:**

9.00 am English  
11.00 am Hindi

**Weekdays in Lent & Holy Week:**

7.30 am English  
7.00 pm Hindi