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Without exception, for all of us, this is the most painful moment in our living memory when we have to remain quarantined for such a long time especially during the Holy Week. God certainly has a message for us and we will understand it in the silence of our hearts during these days as we meditate on the mystery of our salvation in Christ in whose Precious Blood we are saved.

Let us be in an intense communion with Our Lord Jesus Christ in His Suffering and Death so that we can be partakers of his glorious Resurrection. This moment calls for a special remembrance of those who are suffering on account of COVID-19 and those who have died. Let us not forget the thousands of health professionals, officials, volunteers and other professionals in our country and throughout the world who are risking their lives to save others. May God bless them in abundance. May God also inspire our political leaders to make the right decisions in these critical times for the welfare of the people.

The Holy Spirit urges us to be united with our fellow citizens in our country and people all over the world to work together to build up a new world according to God's design and not our selfish plans.

To be socially distanced "does not mean that we are not humanly bonded." Let us not miss any opportunity to help our brothers and sisters in need at this critical moment irrespective of caste, creed, class, language, ethnicity or any other barrier.

Let us entrust ourselves to the intercession of Our Blessed Mother, Saint Joseph and all the Saints as we strictly follow the instructions of our Government for the good of the nation.

Sincerely Yours in Christ Our Crucified and Risen Savior,


+Anil Couto

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PRAYER FOR RELIEF FROM THE CORONAVIRUS

Almighty and merciful God, who show your love to all creation everywhere, hear graciously the prayers we make for all those affected by the coronavirus in various parts of the world.

We come before you asking for a quick control of the outbreak, for healing of those affected, for the victims and their families.

We pray for the doctors doing research that an effective vaccine to combat this sickness is speedily found.

We pray for the Government and health authorities that they take appropriate steps for the good of the people. We make this prayer through Christ our Lord. Amen.

1 Our Father, 3 Hail Mary's, Glory be, I Believe